



Xxi Century is – a Century of Intellectual Generations

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Annation. The population of Uzbekistan hopes on the younger generation. If you ask any of our compatriots about the meaning of life, they will reply without hesitations: seeing the happiness and well-being of their children. It stands to reason why the first order of Uzbekistan was named “Soglom Avlod Uchun” (For a Healthy Generation), and a monument to a mother and child stands on Independence Square. It is not easy to find a country in the world where people treat children so kindly, love and praise them infinitely.

The government has been paying close attention to the upbringing of healthy and comprehensively advanced generation. The state youth policy ranks among priorities. Every step in this direction is supported by the population, causing excitement among the people.

Development of children's sports has become another important component of raising a healthy generation. More than 2 million children are regularly engaged in 30 kinds of sports in modern sports complexes in all regions of the country, including remote villages. The involvement of girls in sports as future mothers, and strengthening of their health is of special attention.

As our first President Islam Karimov said: “The interest, enthusiasm and love for sports in our children should be formed from early childhood. Only in this case can we make sports a constant companion in the people’s lives”. “We can reach the intended goal by attracting children to sports at preschool and early school age. At the same time, we must not forget that each child has a vast inner world, and a special attention should be attached to this,” he underlined.

“Only those children who regularly go in for sports at an early age will grow physically strong and healthy. This will allow each parent to achieve his or her dream – to raise healthy children and to establish a healthy lifestyle in the society. “Sports from an early age strengthen the child’s character, through participation in competitions he or she form such qualities as strength and courage, the desire to victory, first of all victory over himself or herself, and foundations for strong will are laid. By victory over oneself I mean that this is primarily self-education, strong discipline, elimination of shortcomings and overcoming difficulties,” Islam Karimov said.

It’s explicit that without the development of children’s sports, we cannot ensure the future of the Uzbek sports and increase its fame on the international arena.

It is not a secret today that sport is becoming the most efficient and effective way of demonstrating the potential of the nation and raising the national pride and honor. If in 2005, absolutely healthy children accounted for 52.7 percent, in 2010 this figure reached 62.6 percent. Considering that in the developed world, the figure is 70 to 72 percent, it is obvious that Uzbekistan has achieved significant growth in this direction.

In 2010, compared to 2005, the incidence of acute respiratory viral infections among students fell by 12.8 per cent, pneumonia by 15.5, bronchitis by 16.2 and scoliosis by 11.6 percent. Over the past five years, the height of boys aged 10-14 increased by an average of 2.3 centimeters and girls by 2 centimeters, while weight increased by 2.6 and 2.9 kilograms respectively, Islam Karimov said.

“The children’s sport plays an immeasurably important role in achieving the great goal we set, which is upbringing the harmoniously developed generation, making our children the decisive force in the society,



and Uzbekistan's gaining its rightful place among the developed countries. I think there is no need to dwell on this issue.

“In this regard, I would like to note once again that in the 21st century of uncompromising competition, only a generation and a nation that is physically strong, spiritually mature and intellectually rich may win.

It is important that the girls, who go in for sports today, will bring the love to sports to their children when they become mothers. This is the essence and value of the “Healthy mother – healthy child” program implemented in the country

Uzbekistan has many reasons for being proud of its young people with firm convictions and active civic position, devoted to the Motherland. One cannot but be proud of, for example, our Olympians and Paralympians who brought an unprecedented ‘harvest’ of medals from Rio de Janeiro, and raised high the prestige of the Uzbek sports. One cannot but be proud of our students, who win subject Olympiads each year, suggesting the uniqueness of the National Staff Training Program, which already produces an “explosive” effect, our young artists, as they demonstrate the value of the national culture at home and abroad.

Coming to this theme first of all let me say that young generations are very smart ones. Day by day their number is increasing. It is the fact that this is influence of our government. Of course our country is paying more attention. That's why the intellectual ones are doing their best on every side of science. But not only from science but also from sport. Uzbekistan pays great attention to the development and promotion of sports and physical culture. Over the years of independence the country has established an effective system of training of professional athletes, coaches and referees. The implementation of these objectives in every way contributes to promotion of healthy life-style, education of harmoniously developed young people, further development of physical culture and sports in the country. An important legal basis for ongoing reforms in this area is the Law of the Republic of Uzbekistan “On Physical Culture and Sports” and other laws and regulations directed to involvement of people, especially young people, women and children, to physical culture and sports.

Young boys and girls, professionals of individual and game disciplines, are showing exclusive preparation and phenomenal skills at representative forums; eloquently confirm that they represent a country with rich sports traditions. The results of the measures can be seen in the growing number of our fellow citizens who are involved in sports and won prizes at various international tournaments.

Since the Olympic Games in Atlanta in 1996 and till the London Olympic Winter Games in 1994 in Lillehammer till the Olympic Winter Games in Sochi in 2014, our athletes won 6 gold, 5 silver, and 10 bronze medals. In 2014, at the XVII Summer Asian Games and Paraasian Games held in the South Korean city of Incheon, our athletes have successfully defended the honor of the country. In the Asian Games 2014, 61 Uzbek athletes ranked among the winners, and at Paraasian games our compatriots 22 times rose to the highest step of podium. In addition, 15 of our Paralympic athletes have already won the license to the XV Paralympic Games to be held in Rio de Janeiro in 2016.

The country has a strong focus on the selection of talented young athletes from among the pupils clubs, teams and organization of training to improve sport skills, creation of necessary conditions for strengthening the sports reserve on the basis of further development of the high school of sports and colleges of Olympic Games.