



## The Rule of Reading a Book

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**Abstract:** *This article discusses the importance of the book in forming a perfect person in society, the basis of all creativity, creativity and intelligence, knowledge, the teacher who creates life, and the rules of reading books. Also, just as our ancestors respected the book and lived in pursuit of knowledge, we, the descendants, should carefully study the rich spiritual heritage left to us by them, follow them and apply the knowledge that is beneficial for us. The need to teach our children and grandchildren is emphasized. The introduction of book reading in the family is promoted, the rules of reading books are recommended.*

**Key words:** *reading, reading, family, book promotion, knowledge, book, spirituality, thinking, thought, observation, mind, understanding, maturity, enlightenment, reading.*

Our people have been striving for knowledge and enlightenment since ancient times, and have a strong love for reading books. A clear example of this is the fact that great scholars, sages, thinkers and scientists have grown up in our country. In every household, parents realized the incomparable role of books in the education of children, and family reading evenings were held. More often, during the long winter days, our parents or siblings read a book and then discussed it. It was done, this was done by the joneses, and they met and talked with each other and started reading books. In our homes, of course, the famous works of our great scholars A.Navoi, A.Yassavi, Nakshbandi grandfathers and great writers of the last century A.Kadiri, Chulpon and Oybek were on the shelf of every house. In this way, book promotion was started, they shared what they had read with each other, admired the book, and instilled love for books in their children. We should be proud of our forefathers, continue the good deeds they started, and be worthy children of them. We should show great respect to our great ancestors, carefully study the rich spiritual heritage left by them, follow them and put into practice the knowledge that will benefit us, and teach it to our children and grandchildren. We need to start reading books in the family.

Nowadays, the passion for reading among our youth seems to have decreased a little. It is not wrong to say that our young people are more addicted to phone, computer and social network games, or rather, they have lost their way. However, instilling a love of books in a child begins with the family. If fathers do not look up from the phone, mothers from TV shows, if they do not tell children that they can read books, read newspapers and keep up with the news, that books are their best friends, that they should read and listen to books, this is the place. If they are not role models, if they do not pay attention to the bookshelf in the family, then everything is useless. If the books we have in our house are covered with dust, if no one reads them, it is not out of the question that family upbringing will be in a difficult situation. That is why our President does not say for nothing: "Read a book, raise your spirituality", by this they are saying that it is necessary to encourage people to look at life realistically and to create a cultured, enlightened and spiritual society. In the Decrees of our Honorable President of January 12, 2017 "On the development of the system of printing and distribution of book products, the creation of a commission for the promotion and promotion of book reading and reading culture" paid special attention to. In recent



years, in a number of decisions and decrees issued by our state and government, special attention has been paid to radically changing the activities of libraries, increasing the level of service to the population, raising the morale of young people, and measures are being developed. In this, the responsibility of parents is emphasized. President Sh. M. Mirziyoyev has the following words: "One child who reads a book today can control ten children watching TV tomorrow." With this, the president of the country emphasizes that in the current rapidly developing period, we should pay attention to the further development of the promotion of learning among our youth, and that all conditions are being created for this. The President of the Republic of Uzbekistan Shavkat Mirziyoyev put forward "five important initiatives" at the video selector held on March 19, 2019. Teaching young people to read books has an important place among them. Honorable President Shavkat Mirziyoyev paid special attention to the issue of raising interest in reading among young people and invited to hold contests "The most well-read school", "The most well-read neighborhood", "The most well-read family".

In recent years, special attention has been paid in our country to teaching the young generation to read and instilling interest in reading in them. At the initiative of the Honorable President Shavkat Mirziyoyev, significant work is being done to raise the culture of reading among the population of our country, especially to acquaint the young generation with this rare treasure. After all, it is possible to build a bright future only with a generation whose hearts and minds are filled with the light of books, who are intellectually mature, who can think independently, and who have high national pride.

On the facade of the world famous Harvard University library, as a reminder to all mankind, the famous sentence "Don't regret missing lunch, but missed reading time is a great loss." In fact, if we postpone reading books until the next day, humanity will face spiritual poverty without knowing it. Now the whole humanity lives in the globalization and information space. A person's source of information is countless. Various information can be obtained from the Internet and information space. It is not an easy task to return a person to reading due to the strong influence of information sources. For this, the effective cooperation of teachers of general secondary schools, parents and the neighborhood, the general public is required.

What else should we do to teach students to read and increase their interest in reading? The genes of our fathers and grandfathers, who made great discoveries in science and left a great spiritual heritage to the generations after them in poetry and prose, are living in each of the children of our heavenly land, and our ancestors who started the renaissance in the whole world in their time. Why can't the representatives of today's generation repeat the great works that they have done?

Social surveys show that 43% of junior schoolchildren and only 17% of high school students enjoy reading books. "Why do children lose interest in reading as they get older?" a legitimate question arises. The answer to this is as follows: From the day a child with an innocent heart first steps on the threshold of school, teacher instills a love for books in his heart. As a result, the child falls in love with the book. This love is decreasing year by year due to lack of reading atmosphere in the family and lack of attention.

"I keep wondering about something," said the Hero of Uzbekistan, famous literary critic and scientist Azod Sharafiddinov. Whenever four people get together, we face the sadness of the burden of raising children, the pain of making them human. U-u-v brothers, the easiest way, the cheapest, the most effective way, the method is right next to you - teach your child to read books, in his heart love and affection for fiction. wake up, bring three-four soums regularly to your children without getting angry! After all, is it possible to find a teacher in the world smarter than a book? After all, there is nothing that is not in the books. The total force that makes a person a person - power, wisdom, beauty, intelligence and manners - is written in books as "mana man" -



ku! Do you think that it is possible to be a human without benefiting from this great blessing and priceless wealth?! You are wrong, brothers, I personally do not know that a person has become a better person without books and fiction, and that a nation has grown and flourished..."

In recent years, the intensive reforms implemented in the sphere of social and economic life, science, education and culture of our country are being recognized by the world community. Special attention is being paid to the strengthening of Uzbekistan's cooperation with foreign countries in all fields, especially opening a wide path to cooperation in the field of science and education, ensuring the connection of science and technology with production and increasing its efficiency. The application of foreign experience and innovations, their effective use, contributes to the further improvement of fundamental reforms implemented in our country.

And these processes, first of all, to carefully study the rich spiritual heritage created by our ancestors in our own country, and then to analyze and apply the achievements made in all spheres of life abroad, in developed countries, to be knowledgeable, fluent in foreign languages, independent thinkers, It requires bringing up a mature generation with a broad mindset and eagerness to learn innovations. The contribution of the young generation of readers will be great in solving such vital and urgent issues.

Taking into account that teaching young people to read books is an extremely urgent issue, the honorable President Shavkat Mirziyoyev paid special attention to this important issue even at the beginning of his career. They also expressed their opinions about the book that serves to enrich the spiritual world of a person: "Since the word has been opened about a book that has a great influence on enriching the spiritual world of a person, I would like to draw your attention to an important issue related to this. That is, what is the level of reading in our society today? Does it satisfy us? Who read which book next time, what book did we bring to our child? Unfortunately, in most cases, it is difficult for us to give positive answers to these questions." Of course, at present, the field of information and communication is rapidly developing, television, radio, Internet, computer, mobile phone are taking a deep place in our daily life. We should make effective use of these opportunities and pay special attention to increasing the interest of young people in reading books in our country and increasing the reading level of the population." From the very beginning of his work, our president has been paying special attention to the issues of educating the young generation and raising their morale, and they are showing measures to eliminate the shortcomings in this regard.

There is no sadder situation than when parents think only about the material side of the child, and forget about the dreams and spiritual needs of the inner world. For a person, the events that happen in front of his eyes are considered the first foundation for his life. Therefore, before making demands, he should stop and ask the question, "Have I been able to do this myself, have I been able to set an example?" Let's say, in order to make a child a reader, parents bring a world of books to the child and read them one by one. When will I finish reading so many books? Why didn't you study? - it is wrong to rebuke. For this, first of all, parents should be an example. First of all, parents should be readers. It is necessary to instill in his child the advantages of reading books, the importance of reading in building his future, and the fact that there is no better friend than a book.

In fact, the book is a great power that lifts a person from earth to heaven and increases his spiritual power. It is a torch capable of strengthening the historical memory, spiritual and educational world, and scientific ground of mankind, and is able to show the future brightly. "The book is the wing of thought," said our scholar Oybek. A person who reads a book, no matter what field he works in, will have the ability to think correctly, distinguish between white and black, and make rational decisions in complex situations. In addition, his speech is fluent, he can get people to follow him.



Just as everything has its own rules, there are also rules for reading books.

1940 American philosopher and pedagogue Mortimer Adler "How to read a book?" he asked a question and wrote a book of the same name. Despite the fact that many manuals, instructions and recommendations have been published after so long, this book has not lost its relevance, importance, and place. For book readers, such a question always arises. According to Adler, there are 4 types of reading, which are as follows:

1. Elementary reading
2. Check and read
3. Analytical reading
4. It consists of reading by comparison and comparison in detail.

Adhering to the reading of books according to the above types of reading has not lost its importance even now.

To read a book, you need to know how to choose the right book. That is, you need to take into account whether the book is suitable for your age and answers the questions you are interested in. Nowadays, especially, books on various topics are published by different publishers, or in other words, there is a lot of flow of books. What is required from the reader is that he chooses from these literatures only what he needs correctly, because this indicates that the reader is a real book lover and a person who is familiar with books. About this, the German writer Mark Twain said: "Read intellectually mature books." Otherwise, a stack of papers can poison your life." Also: "It is a mistake to call a person healthy, whether he is a man or a woman, who has not read a good book and enjoyed it," said Jane Austin.

If you have found a book you like, of course, read the title of the book carefully, check the back and forth, it is even more important to know who wrote the book. First of all, you need to remember the author of the book, the name of the work and where it was published, or if you can't remember, keep a notebook and write down the books you read. This will cost you in the future. Look carefully at the first page of the book. We recommend that you familiarize yourself with the summary of the book's content and read it.

If you have started reading a book, we recommend that you read it carefully. Everyone reads a book in different ways. Someone reads a book slowly and without hurry, someone reads with eyes without making a sound, another person can read often. Keeping the right distance between your eyes and the book will not cause any health problems. Regardless of how we read, we need to understand the content and essence of the book. Try to read the whole book as quickly as possible. If you do not understand a word, sentence or idea, if some information is not understood, immediately seek help from the surroundings. Be it a dictionary, an encyclopedia, or your teacher.

After that, what is the book in my hand about? What does the development of events point to? Is the work close to the truth: in whole or in part? Try to answer as many questions as you can. Also, keep a notepad for things you don't understand while reading, write various notes in it, read with deadlines and marks, if you can, write a summary like a slap and put it aside, if you have the talent, take a photo. - it doesn't hurt to draw a picture. Everything works in your favor...

When you're done, look at it, think critically, and share your thoughts with others! Of course, tell your friends about the book you have read and its brief content, because if you have aroused the desire to read books in them, you are for people in society, in terms of growing their spirituality. you will have contributed.



Therefore, it is not an exaggeration to say that reading books is one of the most urgent needs of today. In addition, the more a person studies, the more his knowledge increases, he has knowledge of all areas in a certain sense.

As a result, he becomes an interesting interlocutor, a good adviser and helper for those around him. Reading a book sharpens a person's ability to think, mental skills, intelligence. It is not too early or too late to learn. The important thing is to be able to perceive it, to be able to use it correctly in the experience. A book is the best friend that leads a person to perfection and invites him to goodness. In fact, the book is a great power that lifts a person from earth to heaven and increases his spiritual power. It is a torch capable of strengthening the historical memory, spiritual and educational world, and scientific ground of mankind, and is able to show the future brightly. A person who has read a lot of books will have a fluent speech and will be able to get people to follow him. As a result, he will be able to achieve many successes. In short, each of us should be eager to read books, learn, and educate our children and grandchildren in this spirit.

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